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In the name of Allah, I hereby certify that this research is based on my own work and studies, except for the citation and summaries in which of those is explicitly knowledge. If in the future this statement is proved not right and violated the legal regulation of papers and intellectual property rights, I agree Universitas Islam Indonesia to revoke my bachelor certificate.

Yogyakarta, June 5th 2018



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THESIS APPROVAL OF SUPERVISOR

**Muscle Contraction Analysis of the Prolonged Astride-Sitting on
Motorcycle using Surface Electromyography**

UNDERGRADUATE THESIS



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A handwritten signature in black ink, consisting of stylized initials and a surname, positioned above the printed name of the supervisor.

Hartomo, Ir., M.Sc., Ph.D

THESIS APPROVAL OF EXAMINATION COMMITTEE**MUSCLE CONTRACTION ANALYSIS OF THE PROLONGED ASTRIDE-SITTING
ON MOTORCYCLE USING SURFACE ELECTROMYOGRAPHY**

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DEDICATION PAGE

This undergraduate thesis dedicated to,

My parents, Pramono Hudiarso and Muntomimah and all relatives who support all psychological and financial things for my study accomplishment

My friends of batch 2013, who were being my family during my study

Universitas Islam Indonesia, all lecturers, staffs, who supports my study to get bachelor degree

MOTTO

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا ۖ إِنَّ مَعَ الْعُسْرِ يُسْرًا ۚ

“Then, indeed with hardship [will be] ease. with hardship [will be] ease.”
(QS: Al-Insyirah 5-6)

PREFACE

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Finally, the Author realizes that there are still shortcomings as well as weaknesses in this report, so the building suggestions and critics are fully expected. The author hopes this paper would bring advantages for everyone who reads this.

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