

Persentil

Statistics

		TOTALSKOR SA	TOTALSKOR KD
N	Valid	80	80
	Missing	0	0
Percentiles	20	40.4000	52.2000
	40	45.4000	56.4000
	60	52.0000	58.6000
	80	61.8000	63.8000

KATEGORISASI HIPOTETIK

Smartphone Addiction

Jumlah aitem : 24

Nilai skala favorable : Tidak Pernah : 1

Kadang-kadang : 2

Sering : 3

Sangat Sering : 4

Skor maksimal = Jumlah aitem . Skor maksimal

$$= 24 \times 4$$

$$= 96$$

Skor minimal = Jumlah aitem . Skor minimal

$$= 24 \times 1$$

$$= 24$$

Mean Hipotetik = $\frac{(\text{Jumlah item .skor maks}) + (\text{Jumlah item .Skor mi})}{2}$

$$= \frac{(24 \times 4) + (24 \times 1)}{2}$$

$$= \frac{(96) + (24)}{2}$$

$$= 60$$

SD Hipoteteik = $\frac{(\text{Jumlah aitem .skor maks}) - (\text{Jumlah aitem .Skor mi})}{6}$

$$= \frac{(24 \times 4) - (24 \times 1)}{6}$$

$$= \frac{(96) - (24)}{6}$$

$$= 12$$

Kategorisasi : Sangat Tinggi = $(\mu + 1.8 \text{ SD}) \leq X$

$$: \text{Tinggi} = (\mu + 0.6 \text{ SD}) < X \leq (\mu + 1.8 \text{ SD})$$

$$: \text{Sedang} = (\mu - 0.6 \text{ SD}) < X \leq (\mu + 0.6 \text{ SD})$$

$$: \text{Rendah} = (\mu - 1.8 \text{ Sd}) < X \leq (\mu - 0.6 \text{ SD})$$

$$: \text{Sangat Rendah} = X \leq \mu - 1.8 \text{ Sd}$$

$$\text{Sangat Tinggi} = (\mu + 1.8 \text{ SD}) \leq X$$

$$(60 + 1.8 (12)) \leq X$$

$$60 + 21.6 \leq x$$

$$= 81.6 \leq x$$

$$\text{Tinggi} = (\mu + 0.6 \text{ SD}) < X \leq (\mu + 1.8 \text{ SD})$$

$$= (60 + 0.6 (12)) < X \leq (60 + 1.8 (12))$$

$$= 67.2 \leq x \leq 81.6$$

$$\text{Sedang} = (\mu - 0.6 \text{ SD}) < X \leq (\mu + 0.6 \text{ SD})$$

$$= (60 - 0.6 (12)) < X \leq (60 + 0.6 (12))$$

$$= 52.8 < x \leq 67.2$$

$$\text{Rendah} = (\mu - 1.8 \text{ Sd}) < X \leq (\mu - 0.6 \text{ SD})$$

$$= (60 - 1.8 (12)) < X \leq (60 - 0.6 (12))$$

$$= 38.4 < x \leq 52.8$$

$$\text{Sangat Rendah} = X \leq \mu - 1.8 \text{ Sd}$$

$$= X \leq 60 - 1.8 (12)$$

$$= X \leq 38.4$$

Kontrol Diri

Jumlah aitem : 20

Nilai skala favorable : Tidak Pernah : 1

Kadang-kadang : 2

Sering : 3

Sangat Sering : 4

$$\begin{aligned} \text{Skor maksimal} &= \text{Jumlah aitem} \cdot \text{Skor maksimal} \\ &= 20 \times 4 \\ &= 80 \end{aligned}$$

$$\begin{aligned} \text{Skor minimal} &= \text{Jumlah aitem} \cdot \text{Skor minimal} \\ &= 20 \times 1 \\ &= 20 \end{aligned}$$

$$\begin{aligned} \text{Mean Hipotetik} &= \frac{(\text{Jumlah aitem} \cdot \text{skor maks}) + (\text{Jumlah aitem} \cdot \text{Skor mi})}{2} \\ &= \frac{(20 \times 4) + (20 \times 1)}{2} \\ &= \frac{(80) + (20)}{2} \\ &= 50 \end{aligned}$$

$$\begin{aligned} \text{SD Hipotetik} &= \frac{(\text{Jumlah aitem} \cdot \text{skor maks}) - (\text{Jumlah aitem} \cdot \text{Skor mi})}{6} \\ &= \frac{(20 \times 4) - (20 \times 1)}{6} \\ &= \frac{(80) - (20)}{6} \\ &= 10 \end{aligned}$$

Kategorisasi :

- : Sangat Tinggi = $(\mu + 1.8 \text{ SD}) \leq X$
- : Tinggi = $(\mu + 0.6 \text{ SD}) < X \leq (\mu + 1.8 \text{ SD})$
- : Sedang = $(\mu - 0.6 \text{ SD}) < X \leq (\mu + 0.6 \text{ SD})$
- : Rendah = $(\mu - 1.8 \text{ SD}) < X \leq (\mu - 0.6 \text{ SD})$
- : Sangat Rendah = $X \leq \mu - 1.8 \text{ SD}$

$$\begin{aligned} \text{Sangat Tinggi} &= (\mu + 1.8 \text{ SD}) \leq X \\ &= (50 + 1.8 (10)) \leq X \\ &= 50 + 18 \leq x \end{aligned}$$

$$= 68 \leq x$$

Tinggi

$$= (\mu + 0.6 \text{ SD}) < X \leq (\mu + 1.8 \text{ SD})$$

$$= (50 + 0.6 (10)) < X \leq (50 + 1.8 (10))$$

$$= 56 \leq x \leq 68$$

Sedang

$$= (\mu - 0.6 \text{ SD}) < X \leq (\mu + 0.6 \text{ SD})$$

$$= (50 - 0.6 (10)) < X \leq (50 + 0.6 (10))$$

$$= 44 < x \leq 56$$

Rendah

$$= (\mu - 1.8 \text{ Sd}) < X \leq (\mu - 0.6 \text{ SD})$$

$$= (50 - 1.8 (10)) < X \leq (50 - 0.6 (10))$$

$$= 32 < x \leq 44$$

Sangat Rendah

$$= X \leq \mu - 1.8 \text{ Sd}$$

$$= X \leq 50 - 1.8 (10)$$

$$= X \leq 32$$

HASIL UJI RELIABILITAS

Case Processing Summary

		N	%
Cases	Valid	80	100.0
	Excluded ^a	0	.0
	Total	80	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.921	24

Case Processing Summary

		N	%
Cases	Valid	80	100.0
	Excluded ^a	0	.0
	Total	80	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.843	20

UJI NORMALITAS

One-Sample Kolmogorov-Smirnov Test

		SMARTPHON E ADDICTION	KONTROL DIRI
N		80	80
Normal Parameters ^{a,b}	Mean	51.10	58.15
	Std. Deviation	12.291	7.107
Most Extreme Differences	Absolute	.095	.122
	Positive	.095	.122
	Negative	-.057	-.067
Kolmogorov-Smirnov Z		.850	1.094
Asymp. Sig. (2-tailed)		.465	.182

HASIL UJI LINIERITAS

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
TOT	Between Groups	(Combined)	4364.081	29	150.486	.994	.496
ALS		Linearity	765.927	1	765.927	5.058	.029
KOR		Deviation from	3598.154	28	128.505	.849	.675
SA *		Linearity					
TOT	Within Groups		7571.119	50	151.422		
ALS	Total		11935.200	79			
KOR							
KD							

Measures of Association

	R	R Squared	Eta	Eta Squared
SMARTPHONE ADDICTION * KONTROL DIRI	-.253	.064	.605	.366

HASIL UJI HIPOTESIS

Correlations

		SMARTPHON E ADDICTION	KONTROL DIRI
SMARTPHONE ADDICTION	Pearson Correlation	1	-.253*
	Sig. (1-tailed)		.012
	N	80	80
KONTROL DIRI	Pearson Correlation	-.253*	1
	Sig. (1-tailed)	.012	
	N	80	80

Hasil Uji Beda (T-TEST)

Jenis Kelamin
Skor SA

Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
TOTALSK ORSA Equal variances assumed	2.037	.158	.329	78	.743	.92708	2.82109	-4.68927	6.54344
Equal variances not assumed			.320	60.466	.750	.92708	2.89659	-4.86603	6.72020

Skor KD

Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
TOTALS KORKD Equal variances assumed	10.196	.002	.070	78	.944	.11458	1.63225	-3.13497	3.36414
Equal variances not assumed			.064	47.413	.949	.11458	1.78176	-3.46902	3.69819

Usia <20 da >20
Skor SA

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
TOTAL SKORS A	Equal variances assumed	4.788	.032	-.714	78	.477	-2.12364	2.97404	-8.04449	3.79722
	Equal variances not assumed			-.790	60.046	.432	-2.12364	2.68676	-7.49787	3.25059

Skor KD

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
TOTALS KORKD	Equal variances assumed	1.799	.184	-.228	78	.820	-.39273	1.72464	-3.82623	3.04077
	Equal variances not assumed			-.262	65.982	.794	-.39273	1.49928	-3.38615	2.60069

PENDIDIKAN

Skor SA

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
TOTALS KORSA	Equal variances assumed	3.165	.079	1.356	78	.179	4.35548	3.21227	-2.03966	10.75062
	Equal variances not assumed			1.198	25.399	.242	4.35548	3.63493	-3.12484	11.83580

Skor KD

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
TOTALS KORKD	Equal variances assumed	3.101	.082	-1.370	78	.175	-2.54357	1.85691	-6.24040	1.15326
	Equal variances not assumed			-1.143	23.843	.264	-2.54357	2.22450	-7.13631	2.04916

Hasil Uji Korelasi

(berdasarkan masing-masing kategorisasi dalam masing-masing variabel)

Correlations

		lakiSA	lakiKD
lakiSA	Pearson Correlation	1	-.132
	Sig. (2-tailed)		.472
	N	32	32
lakiKD	Pearson Correlation	-.132	1
	Sig. (2-tailed)	.472	
	N	32	32

Correlations

		perempuanSA	perempuanKD
perempuanSA	Pearson Correlation	1	-.407**
	Sig. (2-tailed)		.004
	N	48	48
perempuanKD	Pearson Correlation	-.407**	1
	Sig. (2-tailed)	.004	
	N	48	48

** . Correlation is significant at the 0.01 level (2-tailed).

Correlations

		diasduapuluh SA	diasduapuluh KD
diasduapuluhSA	Pearson Correlation	1	-.282*
	Sig. (2-tailed)		.033
	N	57	57
diasduapuluhKD	Pearson Correlation	-.282*	1
	Sig. (2-tailed)	.033	
	N	57	57

*. Correlation is significant at the 0.05 level (2-tailed).

Correlations

		dibawahduapul uhSA	dibawahduapul uhKD
dibawahduapuluhSA	Pearson Correlation	1	-.207
	Sig. (2-tailed)		.342
	N	23	23
dibawahduapuluhKD	Pearson Correlation	-.207	1
	Sig. (2-tailed)	.342	
	N	23	23

Correlations

		pendidikantig aSA	pendidikantig aKD
pendidikantigaSA	Pearson Correlation	1	-.452*
	Sig. (2-tailed)		.045
	N	20	20
pendidikantigaKD	Pearson Correlation	-.452*	1
	Sig. (2-tailed)	.045	
	N	20	20

*. Correlation is significant at the 0.05 level (2-tailed).

Correlations

		pendidikanssat uSA	pendidikanssat uKD
pendidikanssatuSA	Pearson Correlation	1	-.138
	Sig. (2-tailed)		.292
	N	60	60
pendidikanssatuKD	Pearson Correlation	-.138	1
	Sig. (2-tailed)	.292	
	N	60	60

Hasil Uji Korelasi

(berdasarkan masing-masing aspek kontrol diri dalam variabel *smartphone addiction*)

Correlations

		skorselfdiscipli ne	skorSA
skorselfdiscipline	Pearson Correlation	1	-.217
	Sig. (2-tailed)		.053
	N	80	80
skorSA	Pearson Correlation	-.217	1
	Sig. (2-tailed)	.053	
	N	80	80

Correlations

		skordeliberaten onimplusive	skorSA
skordeliberatenonimplu sive	Pearson Correlation	1	-.268*
	Sig. (2-tailed)		.016
	N	80	80
skorSA	Pearson Correlation	-.268*	1
	Sig. (2-tailed)	.016	
	N	80	80

*. Correlation is significant at the 0.05 level (2-tailed).

Correlations

		skorhealtyhabit s	skorSA
skorhealtyhabits	Pearson Correlation	1	-.149
	Sig. (2-tailed)		.187
	N	80	80
skorSA	Pearson Correlation	-.149	1
	Sig. (2-tailed)	.187	
	N	80	80

Correlations

		skorworkethic	skorSA
skorworkethic	Pearson Correlation	1	-.136
	Sig. (2-tailed)		.228
	N	80	80
skorSA	Pearson Correlation	-.136	1
	Sig. (2-tailed)	.228	
	N	80	80

Correlations

		skorreliability	skorSA
skorreliability	Pearson Correlation	1	-.199
	Sig. (2-tailed)		.077
	N	80	80
skorSA	Pearson Correlation	-.199	1
	Sig. (2-tailed)	.077	
	N	80	80

Hasil Uji Regresi

(berdasarkan masing-masing aspek kontrol diri dalam variabel *smartphone addiction*)

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.217 ^a	.047	.035	1.36235

a. Predictors: (Constant), skorSA

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	7.183	1	7.183	3.870	.053 ^a
	Residual	144.767	78	1.856		
	Total	151.950	79			

a. Predictors: (Constant), skorSA

b. Dependent Variable: skorselfdiscipline

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.268 ^a	.072	.060	2.06748

a. Predictors: (Constant), skorSA

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	25.790	1	25.790	6.033	.016 ^a
	Residual	333.410	78	4.274		
	Total	359.200	79			

a. Predictors: (Constant), skorSA

b. Dependent Variable: skordeliberatenonimplusive

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.149 ^a	.022	.010	2.41950

a. Predictors: (Constant), skorSA

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	10.375	1	10.375	1.772	.187 ^a
	Residual	456.612	78	5.854		
	Total	466.988	79			

a. Predictors: (Constant), skorSA

b. Dependent Variable: skorhealthyhabits

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.136 ^a	.019	.006	1.75104

a. Predictors: (Constant), skorSA

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	4.529	1	4.529	1.477	.228 ^a
	Residual	239.158	78	3.066		
	Total	243.688	79			

a. Predictors: (Constant), skorSA

b. Dependent Variable: skorworkethic

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.199 ^a	.039	.027	1.61651

a. Predictors: (Constant), skorSA

ANOVA^b

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	8.377	1	8.377	3.206	.077 ^a
	Residual	203.823	78	2.613		
	Total	212.200	79			

a. Predictors: (Constant), skorSA

b. Dependent Variable: skorreliability