

**KECERDASAN EMOSIONAL (*EMOTIONAL INTELLIGENCE*) DAN
KEPEMIMPINAN DIRI (*SELF LEADERSHIP*) PADA MAHASISWA
YOGYAKARTA**

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INTISARI

Penelitian ini bertujuan untuk mengetahui hubungan antara *emotional intelligence* terhadap *self leadership* pada mahasiswa Yogyakarta. Hipotesis penelitian ini adalah terdapat hubungan positif antara *emotional intelligence* dengan *self leadership* pada mahasiswa Yogyakarta. Subjek penelitian memiliki kriteria berjenis kelamin laki-laki dan perempuan dengan rentang usia 17-25 tahun yang merupakan mahasiswa/ mahasiswi di daerah Yogyakarta dan berjumlah 315 responden. Alat ukur yang digunakan untuk mengukur *emotional intelligence* adalah *Trait Emotional Intelligence Questionnaire- Adolscent Short Form* (TEIQue- ASF) Scale oleh Petrides (2009), sedangkan untuk mengukur *self leadership* menggunakan alat ukur *Abbreviated Self-Leadership Questionnaire* (ASLQ) Scale milik Houghton dkk (2012). Hasil korelasi yang sudah dilakukan menggunakan teknik Spearman's menunjukkan nilai koefisien korelasi $r = 0.471$ dan $p = 0.001$ ($p < 0.01$). Berdasarkan hasil yang telah dipaparkan, dapat diambil kesimpulan bahwa hipotesis penelitian diterima.

Kata kunci : *Emotional Intelligence, Self Leadership, Mahasiswa Yogyakarta*

EMOTIONAL INTELLIGENCE AND SELF LEADERSHIP IN COLLEGE STUDENTS

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ABSTRACT

This study aims to determine the relationship between emotional intelligence and self leadership in Yogyakarta students. The hypothesis of this study is that there is a positive relationship between emotional intelligence and self leadership in Yogyakarta students. The research subjects had male and female criteria with an age range of 17-25 years who were students in the Yogyakarta area and totaled 315 respondents. The measuring instrument used to measure emotional intelligence is the Trait Emotional Intelligence Questionnaire- Adolescent Short Form (TEIQue-ASF) Scale by Petrides (2009), while to measure self leadership using the Abbreviated Self-Leadership Questionnaire (ASLQ) Scale by Houghton et al (2012). The correlation results that have been carried out using Spearman's technique show the correlation coefficient value $r = 0.471$ and $p = 0.001$ ($p < 0.01$). Based on the results that have been presented, it can be concluded that the research hypothesis is accepted.

Keywords: Emotional Intelligence, Self Leadership, Yogyakarta Student