

Parenting Style and Adolescent Resilience in Islamic Boarding Schools

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ABSTRACT

Resilience is a person's ability to adapt by turning pressure into something that can be easily overcome. This research aims to determine the relationship between father and mother parenting styles on the resilience of adolescents living in Islamic boarding schools. The research subjects were 209 respondents consisting of 103 female respondents and 109 male respondents obtained through the purposive sampling method. The characteristics of research respondents include teenagers in Islamic boarding schools, aged 12-15 years, male and female. The data analysis method used is correlation. The results of the research are 1) There is a significant relationship between parental parenting patterns and adolescent resilience in Islamic boarding schools, 2) The responsiveness of fathers' and mothers' parenting patterns has a significant relationship with adolescent resilience in Islamic boarding schools, 3) The control of fathers' and mothers' parenting patterns has a significant relationship with adolescent resilience in Islamic boarding schools. This shows that the better the parenting style of parents, the better the resilience of adolescent in Islamic boarding schools, and the higher the responsiveness of the parenting patterns of fathers and mothers, the better the resilience of adolescent, but the higher the control of parenting patterns of fathers and mothers, the better the resilience they have. Apart from that, this research also shows that the responsiveness and control of parenting styles of fathers and mothers do not have a different correlation with the resilience of adolescents in Islamic boarding schools. The conclusion of this research is there is a significant relationship between parenting patterns, responsiveness and control of parental parenting patterns and adolescent resilience in Islamic boarding schools.

Keywords: Adolescents, Islamic Boarding Schools, Parenting styles, Resilience.

Pola Asuh Orang Tua dan Resiliensi Remaja di Pesantren

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ABSTRAK

Resiliensi merupakan kemampuan seseorang untuk beradaptasi dengan cara mengubah tekanan menjadi sesuatu yang dengan mudah diatasi. Penelitian ini bertujuan untuk mengetahui hubungan antara pola asuh orang tua dengan resiliensi remaja di pesantren. Subjek penelitian berjumlah 209 responden terdiri dari 103 responden perempuan dan 109 responden laki-laki yang diperoleh melalui metode *purposive sampling*. Karakteristik responden penelitian meliputi remaja di pesantren, berusia 12-15 tahun, berjenis kelamin laki-laki dan perempuan. Metode analisis data yang digunakan yaitu korelasi. Hasil penelitian yaitu 1) Terdapat hubungan yang signifikan antara pola asuh orang tua dengan resiliensi remaja di pesantren, 2) *Responsiveness* pola asuh ayah dan ibu memiliki hubungan yang signifikan dengan resiliensi remaja di pesantren, 3) *Control* pola asuh ayah dan ibu memiliki hubungan yang signifikan dengan resiliensi remaja di pesantren. Hal menunjukkan bahwa semakin baik pola asuh orang tua maka semakin baik pula resiliensi remaja di pesantren, dan semakin tinggi *responsiveness* pola asuh ayah dan ibu, maka semakin baik resiliensi yang dimiliki remaja, semakin tinggi *control* pola asuh ayah dan ibu maka semakin baik resiliensi yang dimiliki remaja. Selain itu, penelitian ini juga menunjukkan hasil bahwa *responsiveness* dan *control* pola asuh ayah dan ibu tidak memiliki perbedaan korelasi terhadap resiliensi remaja di pesantren. Kesimpulan penelitian ini yaitu terdapat hubungan yang signifikan antara pola asuh, *responsiveness* dan *control* pola asuh orang tua dengan resiliensi remaja di pesantren.

Kata kunci: Remaja, Pesantren, Pola Asuh, Resiliensi.