

**HUBUNGAN ANTARA *PSYCHOLOGICAL WELL BEING* DAN
EMOTIONAL DEPENDENCE PADA DEWASA AWAL YANG
BERPACARAN**

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ABSTRACT

This study aims to examine whether there is a negative relationship between *Psychological well being* and *emotional dependence* in early dating adults. The initial hypothesis proposed in this study is that there will be a relationship between *Psychological well being* and *emotional dependence* in early dating adults. The subjects in this study were early adults dating a total of 183 respondents. This study used the *Psychological well being* scale compiled and developed by (Ryff. C.D, 1989) later adapted by Akbar Malik Reza (2018). The scale is arranged based on aspects of *Psychological well being* referring to the theory of Ryff (1989) and totaling 31 items. As for the *Emotional dependence* scale using a scale compiled and developed by Camarillo et al. (2020). The aspects of the *emotional dependence* scale are compiled by Amor et al. (2022) referring to the theory of Camarillo et al. (2020) and totaling 22 items. The results of data analysis using the Spearman's Rho correlation technique showed a value of $r = -0.448$, which means that there is a negative relationship between *Psychological well being* and *emotional dependence* in early dating adults. Thus, the hypothesis of this study is accepted.

Keywords: Psychological Well Being, *Emotional dependence*, Early Adulthood, Dating