CHAPTER V
CONCLUSION AND RECOMMENDATION

This research has investigated EFL undergraduate students’ reading habits and attitudes in English Language Education Department in one of the universities in Yogyakarta. The researcher concluded based on the findings reading habits and attitudes of undergraduate’s students. The result revealed that the students preferred to spend a major of their time surfing the internet 56% and other technology-related activities such as playing games rather than to read 14%. Most of the students read-only for 1-2 hours daily and some even read less than an hour in a day. The students read various types of reading material such as novel, comic, and textbook which indicated for extensive reading. However, the major of the students preferred reading online material such as journal and e-book 35%. Moreover, almost all of the students preferred to read books Indonesia language than English. In terms of students’ reading attitudes, the undergraduate students. The results showed that the average of activity of reading (Mean = 3.05), enjoyment of reading by the results of average (Mean = 3.55) and the average anxiety and difficulty toward reading (Mean = 2.85). Nevertheless, the obstacles or difficulties faced by students when reading such as encountering unfamiliar word, which means there are no obstacles that are too meaningful in doing reading activities. Notwithstanding they have a good attitude toward reading but their reading habits needs to be developed. Therefore, in the future the researcher suggests for undergraduate students’ development, the lecturer and department need to understand the importance of reading in order to motivate and
encourage the undergraduate’s students. The department could be supported with various types of promotional activities, so the students are more encouraged. Further, this study can be beneficial for researchers who are interested in reading habits and attitudes.