

HUBUNGAN ANTARA DUKUNGAN PASANGAN DAN *WORK FAMILY CONFLICT*

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INTISARI

Penelitian ini bertujuan untuk menguji hubungan antara dukungan pasangan dan *work family conflict* pada istri yang bekerja dan memiliki anak. Asumsi awal yang diajukan dalam penelitian ini adalah ada hubungan negatif antara dukungan pasangan dengan *work family conflict*. Semakin rendah dukungan pasangan maka semakin tinggi *work family conflict*. Subjek dalam penelitian ini adalah wanita yang memiliki anak minimal satu, bekerja, memiliki pasangan yang bekerja, dan berusia dari 22 sampai dengan 58 tahun. Jumlah subjek dalam penelitian adalah 50 orang. Skala *work family conflict* berjumlah 16 aitem yang disusun berdasarkan aspek-aspek *The Work-Family Conflict Scale* (WAFCS) dari hasil penelitian yang dilakukan oleh Frone (Haslam dkk, 2014), sedangkan skala dukungan pasangan berjumlah 27 aitem yang disusun berdasarkan aspek-aspek *Spousal Support for Work and Parenting* (SSWP) menurut Greenberger, E (Woodard, J.E., 2005). Metode analisis data yang digunakan dalam penelitian ini menggunakan *Spearman Rho*. Korelasi menunjukkan nilai $r = -0,286$ dengan $p = 0,022$ ($p < 0,05$), yang artinya ada hubungan negatif yang signifikan antara dukungan pasangan dan *work family conflict*, sehingga hipotesis diterima.

Kata Kunci : Dukungan Pasangan, *Work Family Conflict*.

RELATIONSHIP BETWEEN SPOUSAL SUPPORT AND WORK FAMILY CONFLICT

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INTISARI

This study aims to examine the relationship between spousal support and work family conflict on working wives and children. The initial assumption is proposed in this study is that there is a negative relationship between the spousal support to work family conflict. The lower support of the pair, the higher work family conflict. Subjects in this study were women who had at least one child, work, have a spouse that works, and aged from 22 to 58 years. Subjects in this study were 50 people. The scale of work family conflict totaling 16 item that is based on aspects of the Work-Family Conflict Scale (WAFS) of the results of research conducted by Frone (Haslam et al, 2014), while the scale of support for the pair's 27-item prepared on aspects of Spousal Support for Work and Parenting (SSWP) according to Greenberger, E (Woodard, J.E., 2005). Methods of data analysis used in this study using Spearman Rho. Correlation shows the value $r = -0.286$, $p = 0.022$ ($p < 0.05$), which means that there is a significant negative correlation between spousal support and work family conflict, so the hypothesis is accepted. Keywords : Spousal Support, Work Family Conflict.