

**LAMPIRAN 4.**  
**Hasil Uji Reliabilitas SWB**  
**(*PANAS* dan *SWLS*)**

**PANAS****POSITIVE AFFECT (PRA PENGGUGURAN AITEM)**

<b>Reliability Statistics</b>		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.764	.771	10

<b>Item-Total Statistics</b>					
	Scale Mean if Deleted	Scale Variance if Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
Tertarik pada sesuatu	26.8735	12.406	.339	.140	.756
Gembira	26.8082	12.123	.471	.315	.741
Kuat	26.8776	11.460	.494	.289	.735
Bersemangat	26.8000	11.407	.545	.375	.729
Bangga	27.1184	11.490	.507	.339	.734
Waspada	27.1673	13.378	.045	.105	.801
Terinspirasi	26.8694	11.680	.454	.303	.741
Memiliki Tekad	26.7878	11.135	.556	.385	.726
Penuh Perhatian	26.7918	11.436	.505	.316	.734
Aktif	27.0245	11.614	.456	.303	.741

**POSITIVE AFFECT (PASCA PENGGUGURAN AITEM)**

<b>Reliability Statistics</b>		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.801	.801	9

<b>Item-Total Statistics</b>					
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
Tertarik pada sesuatu	24.1388	11.628	.337	.138	.800
Gembira	24.0735	11.249	.499	.312	.782
Kuat	24.1429	10.574	.526	.282	.777
Bersemangat	24.0653	10.561	.569	.374	.771
Bangga	24.3837	10.623	.535	.339	.776
Terinspirasi	24.1347	10.896	.459	.303	.786
Memiliki Tekad	24.0531	10.436	.545	.379	.774
Penuh Perhatian	24.0571	10.841	.466	.269	.785
Aktif	24.2898	10.690	.496	.295	.781

**NEGATIVE AFFECT**

<b>Reliability Statistics</b>		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.825	.825	10

<b>Item-Total Statistics</b>					
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
Tertekan	21.4408	15.157	.413	.284	.819
Bingung	21.2408	14.520	.534	.327	.807
Bersalah	21.3551	14.566	.477	.303	.813
Cemas	21.3306	13.706	.638	.430	.796
Bermusuhan	22.1102	15.082	.391	.190	.821
Mudah Tersinggung	21.5755	14.426	.462	.274	.815
Malu	21.3469	14.465	.443	.320	.817
Gugup	21.4735	13.988	.552	.384	.805
Gelisah	21.4939	14.071	.598	.427	.801
Takut	21.4571	13.839	.600	.429	.800

*SWLS*

<b>Reliability Statistics</b>		
Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.782	.795	5

<b>Item-Total Statistics</b>					
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
Secara umum, hidup saya sesuai dengan apa yang saya harapkan	10.9388	3.763	.631	.426	.722
Kondisi hidup saya sangat baik	10.7510	3.843	.591	.432	.734
Saya puas dengan kehidupan yang saya jalani	10.8163	3.495	.652	.454	.709
Sejauh ini saya telah mendapatkan hal yang penting yang saya inginkan dalam hidup	10.8694	3.630	.572	.360	.737
Jika saya diberi kesempatan untuk lahir kembali dan mengulangi kehidupan saya lagi, maka hampir tidak ada yang ingin saya rubah	11.3347	3.683	.404	.181	.806