

# **FATHER ATTACHMENT AND PSYCHOLOGICAL WELL BEING IN COLLEGE STUDENTS**

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## **ABSTRACT**

This study aims to determine the relationship between father attachment and psychological well-being to active students taking undergraduate degrees in Yogyakarta. The research hypothesis was tested by taking data through questionnaires with a psychological well-being scale adapted from Ryff's Psychological Well-Being Scale based on Ryff's theory (1989) and father attachment scale adapted from the Inventory of Parent and Peer Attachments based on Armsden and Greenberg theories (1987). The research subjects were 245 people. The analysis data used is Pearson correlation test which showed that there was a positive relationship between psychological well-being and father's attachment  $r = 0.430$  with  $p = 0.000$  ( $p < 0.05$ ) which means that the hypothesis in this study was accepted.

**Keywords: Father Attachment, Psychological Well Being, College Students**