NASKAH PUBLIKASI

HUBUNGAN ANTARA KELEKATAN AMAN DENGAN IBU DAN KECENDERUNGAN DEPRESI PADA REMAJA DI KABUPATEN X



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Dosen Pembimbing Utama

(Ratna Syifa'a Rachmahana, S.Psi., M.Si., Psikolog)

SECURE ATTACHMENT WITH MOTHER AND ADOLESCENT DEPRESSION VULNERABILITY IN DISTRICT X

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ABSTRACT

Secure attachment with mother is an emotional bond between mother and her child that can provide a sense of security and comfort. Depression is a psychological disorder with some symptoms, include affection, cognitive, and behavioral symptoms. In this study, author wants to determine the corellation between secure attachment with mother and adolescent depression vulnerability in District X. The hypothesis of this study is that there is a negative correlation between secure attachment with mother and adolescent depression vulnerability in District X. This study "melibatkan" 68 subjects, 12-22 years old male and female adolescent who lived in District X. Author used Beck Depression Inventory made by Beck and Alford and Secure Attachment with Mother Scale made by author based on Armsden and Greenberg's theory as the measuring instruments. The result of this study indicates that secure attachment with mother was significanly related to adolescent depression vulnerability in District X with r value -0.675 and p = 0.000 (p < 0.01). Secure attachment with mother contributed 45.562% to the emerge of depression in adolescents in District X.

Keywords: Secure attachment with mother, depression, and adolescent