

THE RELATIONSHIP BETWEEN KOHESIVITAS AND EFICATION IN SELF-BASKET CLUB MEMBERS IN YOGYAKARTA

Areza Febriliyan Taryono

Sumedi P. Nugraha

ABSTRACT

This study aims to determine whether there is a relationship between cohesiveness and self-efficacy in members of the basketball club in Yogyakarta. The hypothesis proposed in this study is that there is a positive relationship between cohesiveness and self-efficacy in members of the basketball club in Yogyakarta. Respondents in this study amounted to 100 members of the basketball club, male and female, aged 18-25 years, who were active in basketball clubs in Yogyakarta. This study uses two measuring instruments, namely the self-efficacy scale developed by Bandura (1997) and the cohesiveness scale developed by Forsyth (1999). The results of data analysis using the Product Moment correlation technique from Pearson with the help of a computer program for statistical analysis, namely SPSS (Statistical Product and Service Solutions) version 23.0 for Windows shows that there is a significant relationship between cohesiveness and self-efficacy in basketball club members in Yogyakarta ($r = 0.603$ with $p = 0,000$ ($p < 0.05$)). This means that the higher the cohesiveness, the higher the efficacy possessed by members of the basketball club. Thus, the hypothesis is accepted.

Keywords: Self Efficacy, Cohesiveness