

HUBUNGAN ANTARA DUKUNGAN KELUARGA DAN CAREGIVER BURDEN PADA FAMILY CAREGIVER PASIEN STROKE

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INTISARI

Penelitian ini bertujuan untuk melihat hubungan antara dukungan keluarga dan *caregiver burden* pada *family caregiver* pasien stroke. Hipotesis dalam penelitian ini adalah terdapat hubungan negatif antara dukungan keluarga dan *caregiver burden* pada *family caregiver* pasien stroke. Variabel dukungan keluarga diukur menggunakan skala dukungan keluarga yang dikembangkan peneliti mengacu pada teori dukungan keluarga dari Sarafino, sedangkan variabel *caregiver burden* diukur menggunakan *Zarit Burden Interview* (Siegert, dkk, 2010). Subjek penelitian merupakan 40 *family caregiver* yang merawat anggota keluarganya yang mengalami stroke. Hasil penelitian menunjukkan bahwa terdapat hubungan negatif antara dukungan keluarga dan *caregiver burden* pada *family caregiver* pasien stroke ($r = -0.330$; $p = 0.019$; $p < 0.05$).

Kata kunci : dukungan keluarga, *caregiver burden*, *family caregiver* stroke

ABSTRACT

This study aimed to examine the correlation between family support and caregiver burden in family caregiver of stroke patients. The hypothesis in this study is that there is negative correlation between family support and caregiver burden in family caregiver of stroke patients. Family support variables were measured with family support scale developed by researchers referring to the theory of family support from Sarafino and caregiver burden were measured with Zarit Burden Interview (Siegert, et al, 2010). Research subjects were 40 family caregivers who took care of family members who had a stroke. The results showed that there was a negative correlation between family support and caregiver burden in family caregiver of stroke patients. ($r = -0.330$; $p = 0.019$; $p < 0.05$).

Key words : *family support, caregiver burden, family caregiver stroke*