

APPENDIX 2

Questionnaire of Intrinsic Motivation Inventory (IMI) (English Version)

The Scales

THE POST-EXPERIMENTAL INTRINSIC MOTIVATION INVENTORY
(Below are listed all 45 items that can be used depending on which are needed.)
For each of the following statements, please indicate how true it is for you, using
the following scale:

1	2	3	4	5	6	7
Not at all		Somewhat true			Very true	

Interest/Enjoyment

I enjoyed doing this activity very much
This activity was fun to do.
I thought this was a boring activity. (R)
This activity did not hold my attention at all. (R)
I would describe this activity as very interesting.
I thought this activity was quite enjoyable.
While I was doing this activity, I was thinking about how much I enjoyed it.

Perceived Competence

I think I am pretty good at this activity.
I think I did pretty well at this activity, compared to other students.
After working at this activity for a while, I felt pretty competent.
I am satisfied with my performance at this task.
I was pretty skilled at this activity.
This was an activity that I couldn't do very well. (R)

Effort/Importance

I put a lot of effort into this.
I didn't try very hard to do well at this activity. (R)
I tried very hard on this activity.
It was important to me to do well at this task.
I didn't put much energy into this. (R)

Pressure/Tension

I did not feel nervous at all while doing this. (R)
I felt very tense while doing this activity.
I was very relaxed in doing these. (R)
I was anxious while working on this task.
I felt pressured while doing these.

Perceived Choice

I believe I had some choice about doing this activity.
I felt like it was not my own choice to do this task. (R)
I didn't really have a choice about doing this task. (R)
I felt like I had to do this. (R)
I did this activity because I had no choice. (R)
I did this activity because I wanted to.
I did this activity because I had to. (R)

Value/Usefulness

I believe this activity could be of some value to me.
I think that doing this activity is useful for _____
I think this is important to do because it can _____
I would be willing to do this again because it has some value to me.
I think doing this activity could help me to _____
I believe doing this activity could be beneficial to me.
I think this is an important activity.

Relatedness

I felt really distant to this person. (R)
I really doubt that this person and I would ever be friends. (R)
I felt like I could really trust this person.
I'd like a chance to interact with this person more often.
I'd really prefer not to interact with this person in the future. (R)
I don't feel like I could really trust this person. (R)
It is likely that this person and I could become friends if we interacted a lot.
I feel close to this person.