

**Lampiran 17**  
**Kategorisasi Empirik SkalaStres Kerja**

**Kategorisasi Empirik****Descriptive Statistics**

	N	Minimum	Maximum	Sum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
Stres Kerja	78	22,00	53,00	2783,00	35,6795	,93325	8,24226
Beban Kerja	78	17,00	39,00	2235,00	28,6538	,58161	5,13664
Valid N (listwise)	78						

### Kategorisasi Skala Stres Kerja

No	Kategori	Rumus Norma
1	Sangat Rendah	$X < \mu - 1,8\sigma$ $X < 35,7 - 1,8 (8,24)$ $X < 35,7 - 14,83$ $X < 20,87$
2	Rendah	$\mu - 1,8\sigma \leq X < \mu - 0,6\sigma$ $35,7 - 1,8 (8,24) \leq X < 35,7 - 0,6 (8,24)$ $35,7 - 14,83 \leq X < 35,7 - 4,94$ $20,87 \leq X < 30,76$
3	Sedang	$\mu - 0,6\sigma \leq X < \mu + 0,6\sigma$ $35,7 - 0,6 (8,24) \leq X < 35,7 + 0,6 (8,24)$ $35,7 - 4,94 \leq X < 35,7 + 4,94$ $30,76 \leq X < 40,64$
4	Tinggi	$\mu + 0,6\sigma \leq X < \mu + 1,8\sigma$ $35,7 + 0,6 (8,24) \leq X < 35,7 + 1,8 (8,24)$ $35,7 + 4,94 \leq X < 35,7 + 14,83$ $40,64 \leq X < 50,53$
5	Sangat Tinggi	$X > \mu + 1,8\sigma$ $X > 35,7 + 1,8 (8,24)$ $X > 35,7 + 14,83$ $X > 50,53$

**Hasil Pengkategorian**

Subjek	Hasil	Kategori
S1	52	ST
S2	39	S
S3	35	S
S4	33	S
S5	36	S
S6	35	S
S7	37	S
S8	24	R
S9	37	S
S10	31	S
S11	52	ST
S12	27	R
S13	29	R
S14	41	T
S15	29	R
S16	35	S
S17	31	S
S18	30	R
S19	38	S
S20	29	R
S21	25	R
S22	26	R
S23	25	R
S24	40	S
S25	28	R
S26	34	S
S27	26	R
S28	36	S
S29	35	S
S30	38	S
S31	30	R
S32	25	R
S33	30	R
S34	26	R
S35	39	S
S36	48	T
S37	35	S
S38	26	R
S39	25	R

Subjek	Hasil	Kategori
S40	30	R
S41	22	R
S42	27	R
S43	35	S
S44	22	R
S45	31	S
S46	33	S
S47	28	R
S48	35	S
S49	32	S
S50	27	R
S51	40	S
S52	35	S
S53	32	S
S54	24	R
S55	35	S
S56	32	S
S57	40	S
S58	33	S
S59	37	S
S60	43	T
S61	52	ST
S62	45	T
S63	45	T
S64	45	T
S65	48	T
S66	41	T
S67	50	T
S68	53	ST
S69	50	T
S70	44	T
S71	50	T
S72	36	S
S73	44	T
S74	52	ST
S75	44	T
S76	35	S
S77	36	S
S78	43	T

**KETERANGAN:**

SR = Sangat Rendah  
 R = Rendah  
 S = Sedang  
 T = Tinggi  
 ST = Sangat Tinggi

**Presentase Pengkategorian**

<b>No</b>	<b>Kategori</b>	<b>Rumus Presentase</b>
1	Sangat Rendah	$\frac{0}{78} \times 100\% = 0\%$
2	Rendah	$\frac{24}{78} \times 100\% = 30,8\%$
3	Sedang	$\frac{34}{78} \times 100\% = 43,6\%$
4	Tinggi	$\frac{15}{78} \times 100\% = 19,2\%$
5	Sangat Tinggi	$\frac{5}{78} \times 100\% = 6,4\%$